

UPDATE 03/17/2020

In the abundance of caution, due to COVID-19, all patients will be asked the following questions at arrival. If you can answer YES to any of these, please **call 575-523-8080 to reschedule your appointment. Do not come to the office and contact your primary care provider.**

1. Have you traveled internationally in the last 14 days to any country currently designated by the CDC as a high-risk location for COVID-19 (China, Iran, South Korea, Italy, Japan)??
2. Have you had any signs of a respiratory infection in the last 14 days, such as fever, cough, and/or sore throat?
3. Have you had contact with anyone who has been diagnosed with, or screened for COVID-19?
4. Have you traveled to another state with widespread community transmission of COVID-19 in the last 14 days?

Additionally, for the safety of our patients and staff, **visitors will be limited to only those accompanying a child or elderly patient.** All other visitors or family members should refrain from entering the facility. We appreciate your compliance in order to protect the health and safety of our patients and staff.

Dear Del Valle community members,

I am reaching out on the behalf of the entire team to assure you that your safety and well-being remains our highest priority. We are monitoring the coronavirus (COVID-19) situation closely, keeping those who are affected in our hearts, and are listening carefully to the questions and concerns we receive from patients such as yourself.

Confident in our care

Providing safe and clean environments for our patients and personnel is always a top priority – and even more so today. We remain committed to upholding the highest standards of cleanliness and want you to feel at ease when you visit our clinic.

Comprehensive COVID-19 guidance is in place for our personnel, detailing how to protect against transmission of the virus. While a new type of illness can be scary, we can protect our patients, families and community by using simple everyday actions that protect people from these types of respiratory viruses. Our team is working diligently to encourage the simple and effective habits of frequent handwashing, covering every cough or sneeze, and cleaning treatment rooms, tables/surfaces, and high-touch areas frequently.

We ask that you join in our efforts by washing your hands prior to beginning your therapy and upon completing your therapy. Hand sanitizing stations are available throughout the clinic for use during treatment.

What you can do

1. Wash your hands frequently with soap and water or alcohol-based hand sanitizer.
2. Clean and disinfect frequently touched surfaces at home, work, or school, especially when someone is ill.
3. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious foods.
4. Avoid touching your eyes, nose, and mouth with unwashed hands.
5. Practice respiratory etiquette and cover your nose and mouth when coughing/sneezing.
6. Avoid close contact with anyone with cold or flu-like symptoms.
7. Stay home if you are sick.
8. Support and boost your immune system.

We will continue monitoring the coronavirus (COVID-19) updates and will respond based on the advice of the government, public health authorities, and other medical professionals.

Thank you for your support and loyalty. We will keep you updated through this dynamic situation and look forward to continuing to provide you with excellent care.

Best Regards,

A handwritten signature in black ink, appearing to read "Mark Figueroa".

Mark Figueroa
President & CEO
Del Valle Physical Therapy and Hand Therapy